**PDSA template**

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| **Aim (overall goal for this project)** |
| To Improve staff confidence in discussing ante natal colostrum harvesting with parents in the ante natal period |
| **Change idea** |
| Include ante natal colostrum harvesting policy and referral within the core mandatory breastfeeding training |
| **PDSA objective: Describe the objective for this PDSA cycle**  | **Cycle No: 1** | **What questions do you want answered for this test of change?** |
| Does staff confidence in discussing antenatal colostrum harvesting improve through including ante natal colostrum harvesting education within current core mandatory breastfeeding training | * Do staff find information about ante natal colostrum useful
* Will this information support staff to discuss ante natal colostrum to the parents they support
* Is including this training within core mandatory training suitable
* Will including ante natal colostrum harvesting into core session dilute other important aspects of breastfeeding learning
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| **Plan** |
| **Predict what will happen when the test is carried out.** | **Measures to determine if prediction succeeds** |
| Staff will enjoy the sessionStaff will think that the session should sit within the core training due to restricted study time | % of staff who complete core training who booked on TURAS% of staff who completed training who complete evaluationDid it improve staff confidence to discuss ante natal colostrum harvesting |
| **List the tasks needed to set up this test of change.** | **Person responsible** | **When to be done** | **Where to be done** |
| 1.ante natal colostrum harvesting teaching slides added to core breastfeeding training2.training dates added to TURAS for staff to book on3.run test for 2 sessions with different cohorts of staff4.agree format of evaluation and assessing staff knowledge and skills on ante natal colostrum harvesting | Karen Mackay | By end of September 2021 | Via Teams for 2 agreed sessions |
| **Do** | **Describe what happened when you ran the test.** |
| Training dates both successfully delivered via teams to 37 staff in total |
| **Study** | **Describe the measured results and how they compared to the predictions.** |
| * 40 staff booked on training and 37 attended
* 37 staff who attended the training highly valued the colostrum harvesting session with lots of questions arising.
* Ante natal colostrum session was allocated 15 minutes on programme but on both training sessions ran over this (1st being 20 minutes and 2nd being 25 minutes
* Some other aspects of the core mandatory training were diluted due to strict timescale (3 hours) of training
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| **Act** | **Describe what modifications in the plan will be made for the next cycle from what you learned.** |
| * Continue with ante natal colostrum harvesting as part of core mandatory training
* Due to restricted time, offer training masterclasses for complex issues such as faltering weight, mastitis, tongue tie to enable more meaningful and effective training sessions
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