**PDSA template**

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| **Aim (overall goal for this project)** | | | | | |
| To Improve staff confidence in discussing ante natal colostrum harvesting with parents in the ante natal period | | | | | |
| **Change idea** | | | | | |
| Include ante natal colostrum harvesting policy and referral within the core mandatory breastfeeding training | | | | | |
| **PDSA objective: Describe the objective for this PDSA cycle** | | **Cycle No: 1** | **What questions do you want answered for this test of change?** | | |
| Does staff confidence in discussing antenatal colostrum harvesting improve through including ante natal colostrum harvesting education within current core mandatory breastfeeding training | | | * Do staff find information about ante natal colostrum useful * Will this information support staff to discuss ante natal colostrum to the parents they support * Is including this training within core mandatory training suitable * Will including ante natal colostrum harvesting into core session dilute other important aspects of breastfeeding learning | | |
| **Plan** | | | | | |
| **Predict what will happen when the test is carried out.** | | | **Measures to determine if prediction succeeds** | | |
| Staff will enjoy the session  Staff will think that the session should sit within the core training due to restricted study time | | | % of staff who complete core training who booked on TURAS  % of staff who completed training who complete evaluation  Did it improve staff confidence to discuss ante natal colostrum harvesting | | |
| **List the tasks needed to set up this test of change.** | | | **Person responsible** | **When to be done** | **Where to be done** |
| 1.ante natal colostrum harvesting teaching slides added to core breastfeeding training  2.training dates added to TURAS for staff to book on  3.run test for 2 sessions with different cohorts of staff  4.agree format of evaluation and assessing staff knowledge and skills on ante natal colostrum harvesting | | | Karen Mackay | By end of September 2021 | Via Teams for 2 agreed sessions |
| **Do** | **Describe what happened when you ran the test.** | | | | |
| Training dates both successfully delivered via teams to 37 staff in total | | | | | |
| **Study** | **Describe the measured results and how they compared to the predictions.** | | | | |
| * 40 staff booked on training and 37 attended * 37 staff who attended the training highly valued the colostrum harvesting session with lots of questions arising. * Ante natal colostrum session was allocated 15 minutes on programme but on both training sessions ran over this (1st being 20 minutes and 2nd being 25 minutes * Some other aspects of the core mandatory training were diluted due to strict timescale (3 hours) of training | | | | | |
| **Act** | **Describe what modifications in the plan will be made for the next cycle from what you learned.** | | | | |
| * Continue with ante natal colostrum harvesting as part of core mandatory training * Due to restricted time, offer training masterclasses for complex issues such as faltering weight, mastitis, tongue tie to enable more meaningful and effective training sessions | | | | | |