

Antenatal Expressing Questionnaire September 2019

1. Have you heard about Antenatal hand expressing? (Please circle)

YES

NO

2. Would you be interested in Antenatal hand expressing if you were having an Induction of labour?

(Please circle)

YES

if

NO go to next page

or Unsure

3. Please tick all the statements you wish to more about

- | | |
|--|-------|
| A. How will I learn to hand express? | |
| B. How often will I have to hand express? | |
| C. What equipment will I need? | |
| D. How will I collect the equipment? | |
| E. How will I store the expressed breast milk? | |
| F. What if I have more questions and need guidance? | |

4. When in Pregnancy would you like to know more information about Antenatal Hand Expressing?

If your answer is NO

5. Please TICK all the statements that you agree with

- | | |
|--|-------|
| I plan to formula (bottle) feed my baby | |
| I do not have the time to hand express before baby is born | |
| I do not think hand expressing will work | |
| I feel strange/ and or uncomfortable with the idea
of hand expressing | |
| I do not know enough about hand expressing | |
| I would like to know more information before
deciding whether to hand express | |

6. What other information would be useful to know about hand expressing? ...please list below

Thank you for completing the information.