

# **Antenatal Expressing and Colostrum Harvesting**

## **Staff Questionnaire**

As part of the Sleepy Heads project the infant feeding team are planning a small project looking at antenatal colostrum harvesting for women with high risk pregnancies where the blood sugars of babies may be compromised.

The three risk factors we are looking at to begin with are

- Women with diabetes
- Women with high blood pressure on labetalol
- Women with a multiple pregnancy

The main aim of the project is to reduce the incidence of supplementation with formula in the first 24hrs in particular and to increase the percentage of babies still breastfeeding at day 10.

Those women who choose to harvest colostrum would have a supply of their own colostrum to give their baby should they be sleepy or reluctant to feed.

By giving women the skills to hand express antenatally they are more likely to have the confidence to do this in the postnatal period should the need arise. Allowing mothers to give their babies their own colostrum/ thus reducing the need for formula supplementation further and knowing that their expressed milk is enough to nourish their baby until breastfeeding establishes.

## **Please complete the following questionnaire**

WHAT IS YOUR ROLE?

WHAT AREA DO YOU WORK IN?

1 . ARE YOU AWARE THAT WOMEN CAN EXPRESS COLOSTRUM ANTENATALLY?

2. WHAT INFORMATION WOULD YOU LIKE TO KNOW REGARDING ANTENATAL COLOSTRUM HARVESTING?

3. WHAT INFORMATION DO YOU NEED TO SUPPORT WOMEN TO EXPRESS COLOSTRUM ANTENATALLY?

4. WOULD YOU HAVE ANY CONCERNS ABOUT WOMEN BRINGING THEIR OWN EXPRESSED COLOSTRUM IN TO HOSPITAL?

5. DO YOU THINK WOMEN COMING INTO HOSPITAL FOR PLANNED INDUCTION AND PLANNED ELECTIVE LUSCS COULD BENEFIT FROM ANTENATAL EXPRESSION OF COLOSTRUM? PLEASE GIVE REASONS IF YOU WISH.

6. DO YOU HAVE ANY OTHER QUESTIONS REGARDING COLOSTRUM HARVESTING ANTENATALLY?