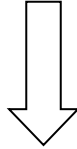
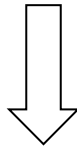


## Pathway for Antenatal Expressing for women with Diabetes, Essential Hypertension and pregnant with Twins.

- Clinic midwife to identify women in the above category with no contraindications who wish to Express Colostrum Antenatally and keep a record



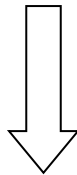
- Discussion at 34 weeks regarding benefits of harvesting colostrum



- If consented, Woman given antenatal expressing pack at 36 weeks and instructed on hand massage, storage of colostrum and possible concerns.



- Follow up by infant feeding midwife on postnatal ward prior to discharge



- Follow up at 10 -14 days postnatal to find out what worked well, any recommendations and level of support