

Antenatal Hand Expressing

Maternity Services Lothian



Information for Women

A/N EXPRESSED BREASTMILK

Maternal Surname.....Time.....
Maternal CHI.....Time.....
Expressed Date.....
Defrost Date.....

Refrigerate & use A/N EBM within 24 hours
DISCARD 24hrs AFTER DEFOST TIME

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Maternal CHI.....Time.....
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