

Colostrum Harvesting Questionnaire

NHS Highland continually seeks to improve the services that they provide. In order to achieve this, we seek to gain insight and information on how our users found the service. Therefore, we would be grateful if you could take the time to complete this short questionnaire on how you found the colostrum harvesting process and please return in the prepaid envelope. Thank you.

Q1. How did you find out about colostrum harvesting?

Community Midwife ☐ Antenatal Care ☐ Hospital Midwife ☐

Friend ☐ Other ☐ Please state: _____

Q2. How did you find the process of receiving your colostrum harvesting kit?

Good ☐ Satisfactory ☐ Poor ☐

Q3. At what gestation did you receive your kit?

_____ Weeks

Q4. At what gestation did you commence colostrum harvesting?

_____ Weeks

Q5. Was your pregnancy treated as low or high risk?

Low Risk ☐ High Risk ☐

Please skip question 6 if low risk

Q6. If high risk, can you please state why?

Q7. How important do you feel was the colostrum you harvested to the start of your breastfeeding journey?

Very important ☐ Important ☐ Fairly ☐ Little difference ☐ No difference ☐

Q8. While in hospital, did your baby receive any formula supplementation?

Yes ☐ No ☐

If your answer is yes, was this for maternal choice or clinical reasons, such as weight loss, low blood sugars in baby?

Please state: _____

Q9. Did you have any problems when you were colostrum harvesting, such as contractions?

Yes ☐ No ☐ Please state: _____

Q10. Were there any problems storing your colostrum when you were admitted to hospital?

Please state: _____

Q11. Did you use your colostrum in the post natal period?

Yes ☐ No ☐

Q12. Is there anything you think that we can do to help improve the colostrum harvesting process?

Please state: _____